

Insight Psychology is committed to complying with data protection legislation, known as 'General Data Protection Regulation (GDPR)'. Therefore, making it clear what information we collect and what that is used for. We understand that when dealing with matters around your healthcare, maintaining your privacy is vitally important.

This information relates to the website only. When engaging with Insight Psychology as a customer, you will be provided with a specific privacy policy about how we handle your personal data.

### **Cookies**

The insight psychology website uses cookies to collect information on browsing patterns. Cookies are small data files which are placed on your computer or other devices (smart phone, tablet) as you browse the website. They are used to remember when your computer or device accesses our website. We use cookies to gather data on the browsing that takes place on our website (see below). For further information visit [www.aboutcookies.org](http://www.aboutcookies.org) or [www.allaboutcookies.org](http://www.allaboutcookies.org). To disable cookies you need to use your website browser settings to disable cookies. Just be aware this may mean that aspects of the website do not function properly for you.

### **Google Analytics**

At Insight Psychology, we like to gather data on website visitor patterns. This informs our marketing strategy and allows us to continue to develop the website to meet people's needs. To do this we use a third-party service, Google Analytics, which provides us with information like the number of visitors and which parts of the site they visit. This information is processed in a way that it does not identify people in any way. We do not try, or allow Google, to find out any identifiable information about our website visitors.

### **Other Websites**

We may sometimes provide links to other websites. Our privacy policy only applies to this website, when visiting other sites you would need to read their own privacy policy.

*Dr Rebecca Lee is registered with the Information Commissioner's Office (ICO), for more details or to register a complaint visit: <https://ico.org.uk/>*